

Full Report (All Nutrients) 45134685, BANQUET Homestyle Bakes Cheesy Ham Potatoes, UNPREPARED, GTIN: 00050100142131

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 14:44 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	0.25 Package (192g), Makes 1 cup prepared 192g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	200	104
Protein	g	--	--	7.01	3.65
Carbohydrate, by difference	g	--	--	34.00	17.71
Sugars, total	g	--	--	3.99	2.08
Minerals					
Calcium, Ca	mg	--	--	60	31
Iron, Fe	mg	--	--	0.73	0.38
Potassium, K	mg	--	--	670	349
Sodium, Na	mg	--	--	470	245
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.3	1.2
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.50	0.78
Fatty acids, total monounsaturated	g	--	--	0.50	0.26
Fatty acids, total polyunsaturated	g	--	--	1.00	0.52
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	10	5

Amino Acids

Other

Ingredients

CHEESE SAUCE WITH SAVORY HAM: Water, Ham Water Added (Cured With Water, Modified Corn Starch, Salt, Dextrose, Isolated Soy Protein, Sodium Phosphate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite), Cheddar Cheese (Pasteurized Milk, Cultures, Salt, Enzymes, Annatto [Color]), LESS THAN 2% OF: Modified Corn Starch, Pasteurized Prepared Cheese Product (Cheddar and Blue Cheese [Pasteurized Milk, Cultures, Salt, Enzymes], Water, Flavoring, Whey, Salt, Powdered Cellulose, Sodium Caseinate, Sodium Phosphate, Lactic Acid, Citric Acid, Yeast Extract, Cream, Dry Milkfat, Nonfat Dry Milk, Potassium Sorbate, Xanthan Gum, Extracts of Turmeric and Paprika [Colors]), Soybean Oil, Nonfat Dry Milk, Salt, Cheese Flavor (Enzyme Modified Cheddar Cheese [Milk, Cultures, Salt, Enzymes], Flavorings, Autolyzed Yeast Extract,

Disodium Phosphate, Salt, Xanthan Gum), Sodium Stearoyl Lactylate, DATEM, Mono- and Diglycerides, Color (Extractives of Annatto, Paprika Oleoresin, Turmeric), Flavorings, Disodium Phosphate, Xanthan Gum, Guar Gum HASH BROWN POTATOES: Dehydrated Potatoes, Modified Corn Starch, Dextrose, Onion Powder, Sodium Bisulfate (For Freshness). CONTAINS: SOY, MILK. *Date Last Updated by Company:* 09/08/2016